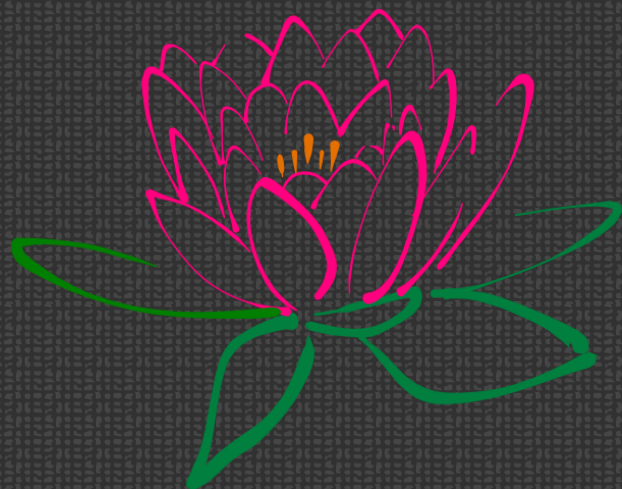


Training Course “GATES and KEYS-2013; Motivation”

Information Package

This Training Course on MOTIVATION is the first one in the cycle of projects called “GATES and KEYS” which will include a long-term strategic set of activities mainly concentrating on various aspects of Personal development of young people.



Training Course “GATES and KEYS-2013; Motivation”

Information Package

The Training Course

The Training which will be held on March 16-25, 2013 will be on the topic of MOTIVATION. According to the experience that NPT gained through its numerous national and international trainings as well as research projects, young people in the wide range of cases do not lack talent, skills, abilities to bring change in their own realities and in the social environment of their communities, but they simply do not have or are lacking appropriate motivation.

Motivation is not something that is given to one in a certain portion (relatively big or small), this is a feature of our deep inner self, which is connected with a lot of other aspects, such as awareness, creativity, compassion etc.

As well this is a feature of us with which we can certainly work, and a set of psychological disciplines, spiritual traditions and training schools are suggesting numerous tools on how to approach this issue. This training course is dedicated to the development of the skills of youth workers and youth leaders from EECA and Program countries to support young people in their quest for MOTIVATION...



Project Funded by the “Youth in Action”
Programme of European Commission



Hosting Organizations



National Pool of Trainers

Contacts:
+374 99 401 600 – Areg
npt.org@gmail.com



International Center for Intercultural Research, Learning and Dialogue

Contacts:
+374 93 735 691 – Arthur
+374 98 980 505 – Oliver
info@icird.net

Venue

The project will take place in a rest house near the Aghveran which is located in Kotayk region, Republic of Armenia and has 2000 inhabitants. The distance from Yerevan, the capital of the Republic is 60km. The nature is very nice in the surroundings of the Hotel, there are a lot of forests.

The average temperature in March is 7-13°C. Cool breezes blow from the mountains in the evening during this time. It is also possible of raining and snowing. Make sure you take lights clothing for the work in the building as well as something warm to wear for outdoor activities and for the evening. There is an appropriate central heating system in the hotel, with cold and hot water.

The rest house is fully equipped to host international projects with appropriate equipment and working spaces and leisure time activities.

You will be sharing a double or triple room with another person(s) of the same sex, each room has one bathroom. There are towels and bed linen in the hotel. Internet is available in/around the training hall. We will be staying in the following hotel:

<http://parkresort.am/about-us/?lang=en>

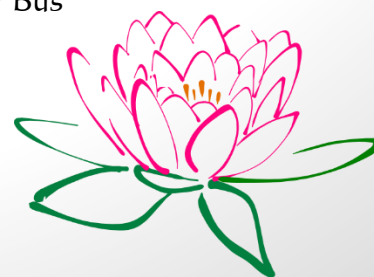
Note: The hosting organizations and their members can support you in arranging accommodation of those participants who arrive earlier to Armenia or decide to stay longer due to their flight non-availability or the flights are considerably cheaper.

Travelling to the venue

Take a flight to Yerevan to Zvartnots International Airport from all the countries except Georgia; from Georgia you can either take a train or a minibus. It is also possible to arrive to Tbilisi International airport and travel to Yerevan from there.

For those coming by plane the best flight connections to Yerevan are flights via Prague (Czech Airlines) and Vienna (Austrian Airlines). It might be also convenient for you to check out the flights via Moscow (Aeroflot), Poland (LOT) and Ukraine (UIA).

All the participants will be picked up from the Airport, Train or Bus Station as well as we will arrange you with transportation to the Airport, Train or Bus



Station after the project. You will receive more detailed information regarding picking you up and transporting to the project venue once we get your flight/minibus/train tickets information.

Please look at the Airport, Train/Bus Station for the volunteer with a paper with the name of our project. In emergency cases contact our project coordinators...

VISA Arrangement

None of the participants (except for Turkey) need visa to enter Armenia. From January 2013 EU citizens do not need visa to enter Armenia. Lucky you! ☐ You just go to the passport checking point and receive your luggage. Please, take your **PASSPORTS** with you. You have to have a valid passport to enter Armenia.

Participants from Turkey will get visa on border as before. Consider having 3000 AMD (about 6-7 EUR) with you for paying for your short term 21 days single entry visa. Please, do not exchange much money in the airport, the rates there are unbelievable :)

Please, try to send participants from Turkey who have ordinary passports. For a participant with a **green passport or a diplomatic passport** there has to be a special invitation letter from us and it takes some time to make and approve it by the Ministry of Foreign Affairs.

Preparation

Please be prepared to present your organization during the project. Furthermore, bring some information materials about your organization, photos and report from former projects and other things which will help you to present your organization.

As this is a training course on the ways to work with Motivation, you are highly encouraged to share your good practice or new ideas on the topic of the project.

And do not forget to bring some national drinks and snacks for the intercultural evening 😊

National currency in Armenia is DRAM (AMD) and its value in euro is about 540-560 drams for 1 euro but it would be good for you to check the exact rate before you depart on the website of Central Bank of Armenia (just to have a better idea).



Payments everywhere in Armenia (except Airport) are accepted only in national currency. The best currencies for exchanging in Armenia are EUR, USD, RUB, GEL.

If you want to know more about our country here are some web pages:

<http://www.armeniainfo.am> and <http://www.lonelyplanet.com/armenia>

Profile of Participants

There are 2,3 participants from each organization. The profile of the participant is:

- youth worker/youth leader having experience in (or interested in) personal development topics
- speaking basic English, additional knowledge of Russian is a plus
- interested in setting further co-operation with their friends from other European countries

Special Needs and Insurance

In case of having special needs, whatever kind they are of, please feel free to communicate these needs to us (allergies, disability, vegetarian, etc.).

Health insurance is not provided by the organizers. All participants are required to purchase health insurance individually.

Registration

Please send the enclosed Application form made by the trainers in order to provide quality learning process based on the profile and needs of the participants. Send it to npt.org@gmail.com by the 25th of January.

!!! Please note that in case of not receiving your application form by the deadline the organizers will consider changing the partner promoter !!!

Please note as well that the Training Course will be announced on the SALTO-YOUTH.NET website to provide a better variety of participants, but the priority will be always given to the project initial partners.

